



GHANA HOMEOPATHY PROJECT

Twentieth Birthday Issue

Homeopathy in Africa, UK Registered Charity No.1125981, www.ghanahomeopathy.com

GHP – Twenty Years On

By Linda Shannon

The Ghana Homeopathy Project celebrates its 20th birthday this year! It began as a little seed and found fertile ground in Ghana.



Those early days were challenging, taking cases in Mafi Seva village under a shady tree. I worked with Emperor, the director there. Beginning initially as my translator, once introduced to homeopathy, he embraced it wholeheartedly. He would ring me and say, 'A child has just fallen from a mango tree, so I gave Arnica and she is fine!'



First time in Ghana

Over the years the tree grew branches. We partnered with Ghanaian-based homeopaths, Julius and Grace, to create a school for training homeopaths. We offered grassroots training to those interested from the Mafi Seva village. Funds were raised, clinics started, local people trained. A team was formed.

The journey to this point was not always easy. There have been many challenges along the way, and from time to time we have had to find solutions to difficult issues. This is to be expected in a project which spans the polarities of culture and privilege in many diverse forms. What we shared was our passion for homeopathy and our direct experience of the healing effect of the homeopathic remedies in the clinic.

So, 20 years on, here we are.

Education and Training

In 20 years, we have run two *Four Year Practitioner Diploma* courses. Some students of the first course stopped at *One Year Certificate Level*, but some returned, alongside new recruits, to continue studies to Diploma. So in 2025, we have 24 graduates for the Diploma, and a new Practitioner Certificate course is currently underway. We are building a body of Ghanaian homeopaths taking homeopathy forward for communities, currently from 5 of the 16 regions in Ghana. Some graduates may return to their hometowns to practise, extending the reach of homeopathy across Ghana further.



Dr Bhattachyee

Dr Bhattachyee could send some of our Ghanaian students to join their international training course in Kolkata, India. Many of the more tropical health conditions encountered in India are similar to those people suffer with in Ghana, so much was shared and learnt.

Beyond the Training

Under canopies by canals, in the grounds of community churches large and small,

attractive bricks-and-mortar clinic premises, renovated cargo containers, in busy markets, along railway lines, our homeopaths find creative ways to deliver homeopathy to the Ghanaian population wherever they are.

Practice Grant Programme and Beyond



The UK based team at a recent meeting

GHP introduced the Practice Grant in 2023, the aim to provide a helping hand to practitioners wanting to move from informal grassroots community homeopathy to building sustainable clinics of their own. There are many costly official procedures that are required before a practitioner can legally begin a clinic. However, the Practice Grant has provided helpful support with this in the initial start-up stage. Currently, 13 practitioners have received the grant, five of whom have now completed and have gone on to build sustainable practices each in their own way. One is creating a new



Homeopathy Education and Practitioners Association (HEPA) and GHP begin Certificate Course

by Richard Pitt

In January 2025, the new Ghana charity, Homeopathy Education and Practitioners Association, in conjunction with the Ghana Homeopathy Project began a one year certificate programme, leading to two more years of a diploma programme. HEPA was asked to do this by the Ghana government body, Traditional Medicine Practitioners Council (TMPC), in order to establish a professional standard of education in the country. Along with this HEPA is seeking formal registration of the educational programme and charity with TMPC.

The programme is mostly online. Students and staff meet weekly for a two hour zoom meeting and then meet four times a year live for an intensive weekend session. The programme began with a introduction to the basic principle and philosophy of homeopathy and then moved into an introduction to the language of materia medica and to some of the main remedies used in homeopathy. The next phase has been introducing students to a

therapeutic perspective for acute disease. This is currently where we are at, as well as in introducing a more detailed study of the Organon. After July we will introduce a more detailed application of homeopathic principles, focusing on case taking and analysis techniques followed by more constitutional pictures of major polycrest remedies used in homeopathy. Toward the end of the year, students will be able to attend some of the clinics in Ghana and begin to gain some important clinical experience.

So far, all is going quite well. Technical issues are always there. Zoom is amazing but at times its hard to use it effectively. Sometimes rain comes and drops the signal and at times, getting all students to mute their phone is not easy and we get background noise and what have you. But all in all, it is working and we have developed good momentum for the programme. We currently have 22 students and most are attending the weekly zooms every week.

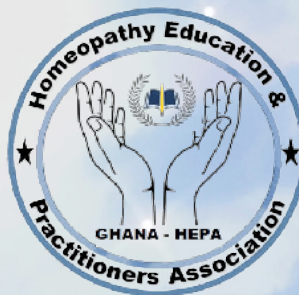
We will keep people updated as the programme continues to unfold through the year.

Best Wishes

Richard Pitt
Educational Officer, Ghana Homeopathy Project and board member of HEPA.



Students at the Certificate Course



clinic in a shipping container for which she has received further support (see Alice below).

Practitioner Support



We have fieldworkers in Ghana and team members including volunteers from the UK who visit twice a year, providing support with clinics, admin, and other support. Practitioners are provided with regular, structured clinical supervision from Ghanaian and UK team members. A business workshop was hosted in Ghana to support the graduates in running their homeopathic practices as a business. Practitioners appear to have embraced the challenges of delivering homeopathic treatment to Ghanaian communities.

Registration/ Legislation

The The Traditional Medicine Professional Council (TMPC) is part of the Ghana Ministry of Health and regulates homeopaths together with herbalists, bonesetters and shamanic practitioners. The Ghana homeopathy project's 4 year practitioner diploma training has helped elevate the profile of the homeopathic profession in Ghana.



Emperor and Selassie - Homeopathy from father to son.

As the Ghana homeopathy project is coming of age, we see a new generation of homeopaths

emerging with energy, ambition and social media skills!

Emperor has been the leading light of the project going back to 2005 when Linda Shannon first went to Ghana and he was one of the first to be inspired to train as a homeopath with the project. Today he is resident at a busy and successful community clinic in a rural setting where volunteers can come and stay. He has been treating people ever since, mostly those working on the land near the Togo border. This clinic has become one of the main hubs of the Ghana project.



Now an elder in the community, Emperor as well as being an excellent homeopath, is a role model, his relaxed fatherly approach makes him a wonderful coach and mentor for the 24 recently qualified homeopaths who are now finding their feet in the early years practice.

Selassie his son, was 12 when his father discovered homeopathy and has grown up surrounded by patients at the clinic and now chosen to follow in his father's footsteps. He is a competent and skilled homeopath. Having missed out on the 4 year diploma training, the project fast tracked him and a colleague, both working very hard, tutored by Richard Pitt, on their materia medica and repertory skills over the last 2 years and both qualified as homeopaths in November 2024.

Selassie has much to offer, having studied marketing and IT at university, he is taking the Volta clinic to greater heights aiming to attract a wider and more affluent clientele from Ghana's capital Accra.

So a formidable team. Emperor jokes that 'the dancer needs to know when to leave the stage' echoing the words of the famous African leader Lamumba. Wisdom and maturity are highly valued in Ghana and we all hope that Emperor will not be stepping down for a long long time. Nevertheless, it is great to see Selassie honing his homeopathic skills with the same passion as Emperor and taking the project forward to represent a new generation of homeopaths in Ghana.

HEPA and Working with the Health Ministry

In partnership with our Ghanaian graduates and volunteer Richard Pitt, in



Certificate Group 2025

January 2025, the Homeopathic Education and Practitioners Association was formed (HEPA). HEPA is a membership body for Ghanaian homeopaths and a charity now working in partnership with the TMPC to develop professional training programmes for homeopaths in Ghana.

Going Forward

Our goal is to create sustainability and to move the centre of gravity of the project to Ghana. We are well on our way. Alongside experienced homeopaths from outside Ghana, several of our graduates are organising and teaching 22 students on the first HEPA course. This offers a Ghana-based qualification. The teaching and learning is no longer one-way. Our volunteers have much to offer yet have also been inspired by the knowledge and homeopathic imagination of the Ghanaian practitioners, especially at the Mafi Kumase village-based clinic. Thousands of people have received effective homeopathic treatment over the past 20 years.

I would like to thank all those who have been involved in this





Emperor
taking a case

endeavour wholeheartedly. If you feel that you may like to be involved in some way, we welcome the gifts and skills you can offer. Please do get in touch.

It has been such a joy to watch that little seed grow, whilst forming such nourishing friendships across cultures,

enriched by our shared love of homeopathy.

Find here some of the fruits of our work over the last 20 years.

Linda

The Voice of the New Homeopaths

Precious I studied under GHP and gained my Practitioner Diploma in 2021.

18 months ago I applied for a GHP practice grant and it has enabled me to begin to set up my own practice which I deliver via an outreach programme to a community close to where I live.

I am a mother with a young family, and juggling motherhood, childcare and trying to set up my own business has been a challenge. The experience working with my colleague has helped me to gain experience in providing homeopathic care to the community, and with continued support I am able to transition into practising on my own.



Philomena I am from a family who have a history of providing homeopathic treatment to the community in the central and surrounding regions. My brother and father both obtained the Practitioner Diploma in Homeopathic studies in Ghana supported by GHP. I too gained my Practitioner Diploma in 2021. I deliver homeopathy via community field work, and home visits and other outreach programmes in local and rural communities.



Aziz I thank God for Homeopathy, I am registered as a homeopath and herbalist, so integrate both practices. It continues to be helpful to the client to be able to offer homeopathic treatment with nutritional advice and herbal treatments as requested. Long live homeopathy!





Adelaide After graduating from my Practitioner Diploma course, I went to work for a private homeopathy clinic, to gain experience working as a homeopath. I also began to treat family and friends privately, and from this experience began to build a clientele of my own, and so set up small outreach clinics local to my home. This experience has motivated me to set up a clinic officially. I applied for the GHP practice grant recently, which will help me towards the cost of setting up my own clinic. In April I set up an outdoor clinic in the grounds of my local community church. I was supported by the local pastor, colleagues from primary health services and my supervisor. The outreach was well attended by adults and children. I have done follow up reviews from this outreach via home visits. I am planning many more outreach programmes, where people benefit from 'on their doorstep' homeopathic healthcare.

Alice I discovered homeopathy many years ago, when the proprietor of a local homeopathic clinic approached me to talk about homeopathy. I was experiencing ill-health at the time and decided to try homeopathy, which resolved my complaint very quickly. That experience has led me to where I am now developing a homeopathic practice of my own.

I have benefited from studying and graduating from a Practitioner Diploma course run by GHP, enabled to start my own practice with funding from the GHP practice grant, and with the continued support of the Ghana Homeopathy Project, am now renovating a shipping container into a physical space of my own, the objective now to develop a sustainable homeopathic service for Ghanaians locally, (and anyone able to travel to see me!). It's taken guts, determination and a commitment to promoting the health and well-being of my community using homeopathic treatment. All things are possible. I am grateful.



Bilikis My name is Bilikis Alhassan. I am a homeopathic practitioner. My journey to starting a homeopathic practice in Ghana is as a young mother with two sons aged 3 and under. I was drawn to homeopathy through my own struggles, physical, emotional and financial. I wanted gentle, natural healing for myself and my children. The journey wasn't easy. Balancing studies, motherhood, and having limited resources was tough, but my passion grew stronger with every challenge.

I started small, offering consultations from home, and gradually built trust in my community through good results and word-of-mouth. Today I run my practice via home visits, and outreach at an outdoor space next to a mosque. This way of offering homeopathy helps families, especially women and children, heal naturally. Being a mother gave me the compassion to walk the path, and I'm proud to help others find the path to wellness through homeopathy.



Impressions From Sue - a New Volunteer November 2024

"Steeped in homeopathy from the first morning at breakfast, with a plate of fresh pineapple to enjoy... but a patient had arrived. No matter, Emperor was ready and I was running to keep up – Murphy's Repertory and a note book, hastily grabbed from my room.

That was how it was for me – jolted out of my routine of booked appointments and time to relax and ponder on remedies. Busy outreach clinics and groups of patients awaiting our arrival at each venue. Any empty seats quietly filling up as the day wore on. Adrenalin flowed, my eyes and fingers racing around the repertory, finding rubrics I'd never looked at before especially 'Strokes' and 'Vision Blurred.' Hurried consultations amongst us all about possible remedies, where is the centre of this case?



Under trees in Adidome, Abor and Amegakofe, outside a mosque by the railway line in Accra, in a church in Dodowa, clinics in Tema, Kasoa and Old Ningo. A glimpse of a future development with the two licenced hospital rooms.

The timetable was relentless and I kept up as best I could. Eventually I had to rest and missed out on seeing the practitioners in Ho and Kumasi, all doing some great work too I heard.

Such friendliness, nurturing and positivity from all the practitioners, inspiring conversations every day infused with their love of homeopathy. Relaxing times were the evenings, sitting outside in my 'mosquito proof' hoodie and a glass of Origen beer, chatting with Caroline and Grace, maybe some quiet time catching up on reading and writing in my notebook.

My experience in Ghana with all the practitioners has been a huge boost to my confidence as a homeopath and as an older woman whom I know now, still has some 'get up and go'.

Sue

Find out how you too can **volunteer**. If you are a homeopath you might find spending some time in Ghana with us to be worthwhile. To find out more about us go to <https://ghanahomeopathy.com> or write info@ghanahomeopathy.com



As the project has grown, so has the work! We are looking for **new Trustees**, particularly Treasurer and Chair support, and a Secretary. Are you good at **fundraising**? We'd love to work with you.





Tina talks about intensive wound care using homeopathy

A 7 year old girl was brought to the Clinic at around 11:30 am on January 6, 2024. She had stepped on a nail two weeks ago and received treatment in hospital (tetanus injection and wound dressing) and was discharged. Further treatment at hospital was not an option because of cost, a traditional herbalist had applied a local poultice to the wound.

The wound began to smell, and the stench from the wound had become so unbearable that her parents took it in turns to sleep with her outside their home in the compound because the smell was intolerable indoors.

Her parents said, 'we are afraid to take her back to hospital because her leg may have to be amputated because of the state of her wound'. Her mother said 'she cries day and night because of the pain which is heart-breaking for us'.

Before I did anything, I observed that Gentian Violet was applied around the wound.

And a thick and hard poultice was wedged inside the wound which gave off a very offensive odour.

Arnica 30 in liquid was given 15 minutes before I began wound cleaning and dressing.

The first cleaning and dressing lasted close to 5 hours, the hard herbal poultice had to be soaked in Calendula solution to soften it and this took time, but with patience and care, even though it was painful for the little girl, I was able to carefully remove most of the poultice together with cleansing the infected and surrounding skin.

After I managed to remove most of the poultice, I cleaned the wound with hypericum solution and covered it up. I gave her Ledum 30c and Hypericum 30c.



Before the first dressing, the foot was painful and emitting a foul smell



It took hours of work to carefully remove a herbal poultice



After a third dressing, the wound began noticeably healing as the green pus stopped, the odour stopped and pain was decreasing.



The wound improved a lot by the fourth dressing. All the whitish pus was gone and the wound was completely clean.





We Remember

JACQUELINE SMITH
PASSED AWAY IN FEBRUARY 2025,
AFTER A SHORT ILLNESS AND A LONG
TERM JOURNEY WITH MS THAT
SPANNED DECADES.

JACQUELINE JOINED THE GHANA
HOMEOPATHY PROJECT INITIALLY AS A
VOLUNTEER IN 2011 AND TOOK UP THE
GENERAL CO-ORDINATORS ROLE THE
FOLLOWING YEAR. MORE RECENTLY
SHE BECAME THE CHAIR OF TRUSTEES,
CONTRIBUTING HER MANY YEARS OF
EXPERIENCE IN GHANA AND INTIMATE
KNOWLEDGE OF ALL ASPECTS OF THE
PROJECT.

JACQUELINE WAS INCREDIBLY
COURAGEOUS IN THE FACE OF
ADVERSITY AND FELT A DEEPLY
SPIRITUAL CONNECTION WITH GHANA.

DEAREST JACQUELINE,

YOU TOOK THE BOAT TO THE OTHER SIDE.
DURING YOUR TIME WITH US, WE KNEW YOU
AS HOMEOPATH, WRITER, STORYTELLER, SINGER,
DANCER, ARTIST, BUDDHIST, MANY COLOURS OF LIFE,
GHANA WAS PART OF YOUR SPIRITUALITY, ANOTHER
HOME ON THIS EARTH, WHERE YOUR HEART SANG.
BY YOUR DESIRE TO CREATE AND SERVE, YOU
BROADENED AND CLEARED THE PATH
FOR US TO MOVE AHEAD
IN THE HEARTS AND MINDS
OF THOSE YOU TOUCHED,
WE WILL REMEMBER YOU.
WE WILL CONTINUE TO DANCE
TO THE SOUND OF THE DRUM,
AND THE HEARTBEAT OF LOVE,
TOGETHER.

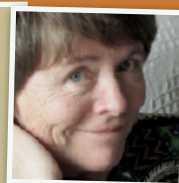
THANK YOU



We Remember

Moira Houston

We remember with gratitude GHP Trustee Moira Houston, homeopath, doctor and valued Trustee of the Project for several years, who passed away in Dec 2024. Moira shared with us her passion for homeopathy, generous spirit, and eye for detail. She contributed uniquely to our team with her many gifts.



GRATITUDE & FUNDRAISING CHALLENGES

We are always looking for **support** as we plan our programme for 2025-26.

We have been fortunate to receive ongoing support from yourselves and Charles Wansborough, a long-term supporter of the project. We also appreciate the support of Helios and The Tanner Trust. Additionally, we have been working with The Welsh School of Homeopathy as well as The Society of Homeopaths and this gives us an excellent foundation to work from as we consider future educational goals in Ghana and other African countries under the auspices of our charity, Homeopathy in Africa.

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