

Greetings from



GHANA HOMEOPATHY PROJECT

AUTUMN 2024 EDITION



After Five Years Away

By Jeri Johnson

After five years away, having weathered the pandemic and many an early morning teaching stint via Zoom from North America, I recently returned to Ghana as a volunteer homeopath with the Ghana Homeopathy Project.

This time, I worked with my colleagues, who are no longer students, and are now my equals in education and quickly catching up to me in experience.

I travelled widely and saw many of the newly-graduated colleagues and their bright new clinics.

The help that the *Homeopathy in Africa* charity has provided for these clinics is evident, everyone so proud of the welcoming and professional office that they have created, each purchase carefully considered.

Every clinic was fitted with an appealing waiting area, new chairs, a desk and a bright and beautiful banner advertising each homeopath's individual practice.

I was delighted to see each unique space in a good location: professional, clean, bright, tidy, fresh, and expressing the personality of the practitioner.

When we prescribed together, I was so happy to see the quality of their excellent education shining through.

Everyone worked so hard over so many years, and the evidence of their quality instruction and teachers across many years really shone through as we took cases together.

I was also delighted with the new information that each homeopath shared with me, alongside hearing about special successes/ meaningful cases they had treated previously.

At each location we had discussions on how to best advertise that particular clinic and homeopathy in general.

Some used their banner near the roadside, to obtain foot traffic/ vehicular traffic.

Some communicated with church groups.

Some used the (new to me) speakers on the roofs of small pick-up trucks to describe homeopathy (far and wide and yes, loudly) as well as the time and location of a clinic.

Cont...



**JERI with Selassi,
Gasika etc.**

***"While the rest of
the world has been
improving
technology, Ghana
has been improv-
ing the quality of
man's humanity to
man"***

Maya Angelou





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*JERI with Emperor,
Selassi and Gasika*

***“Do the best
you can until
you know
better. Then
when you
know better,
do better.”***

Maya Angelou

Cont...

We brainstormed many ideas for advertising, including calling clients they had treated successfully in the past to see how they are and ‘don’t forget to tell your friends and families.’

The younger practitioners discussed using social media, and we all agreed that tro tro (minibus, taxi drivers/motorbike) drivers know everyone and might be an important asset in advertising.

I was met at each location with very full clinics and saw a great variety of cases.

Some practitioners are becoming ‘known’ for being ‘expert’ or having a ‘speciality’ (eye problems for one, stroke treatment for another.)

In Mafi Kumase in the Volta region, I enjoyed the beautiful new clinic and guest room, as well as the excellent library, which was often used by various nearby homeopaths.

Most appreciated was having colleagues coming by for a visit while I was there.

It’s fun to chat together when we are all passionate about the healing power of homeopathy.

Best of all, I met Selassie, who was studying all the time and sitting in on clinics.

After so many years of worry and angst about who will take over the successful clinics in Mafi Kumase should Emperor ever retire, I could breathe easily knowing that there will be a successor, a young and enthusiastic mentee who will carry homeopathy forward in Mafi Kumase.

I was grateful for Selassie’s expertise on the road as we travelled far and wide while I was there.

After a number of previous volunteering trips when everyone was just beginning to learn homeopathy.... I remembered the very earliest classes, all of us sharing books on the veranda at Emperor’s.

And now?

Did I dare imagine everyone graduated, practicing?

Many things can happen to derail even the biggest and brightest dreams.

My heart is full on seeing the successes of my once-students, now working accredited homeopaths.

At an earlier certificate celebration, I remember everyone’s refrain, repeated often that evening, “Hard work together!”

Indeed.

Hard Work Together

Hard work together made a lot of dreams come true... Jeri Johnson Aug 2024

Jeri Johnson August 2024



GHANA HOMEOPATHY PROJECT



SOME OF THE NEW CLINICS & PRACTITIONERS IN GHANA



ALICE IN ASHAIMAN



SABBAH & PRECIOUS IN ADIDOME



TINA AT DODOWA



GASIKA IN ABOR



**GHANA CLINIC
ADVERTISING
HOMEOPATHY**

**CALL OUT FOR NEW
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INSPIRING CASES

Another Case by Emperor

Male patient 28 years old.

The patient was brought by his sister. He has not spoken to anyone for a long time.

He sees people chasing him to kill him. He sometimes goes and hides under the bed.

He suffers from insomnia, headaches and vertigo.

He is not violent but doesn't follow instructions.

His hands are always closed and hardly opens them.

When he entered the consulting room, he waved at Emperor but wouldn't answer any questions.

The sister said he doesn't drink or smoke anything.

He will not eat unless he is forced.

He started complaining of vertigo and headaches since eight years ago.

During infancy he had many convulsions with fever.

His mother died five years ago.

She said he used to hit his head on floor during those years of the convulsions but the convulsions stopped when he was ten years old.

He never answered any questions I asked but could tell me his age.

During his visit to the clinic he pointed to the photos in the clinic without a word.

Main symptoms:

Delusion he is being chased

Refusing to answer

Hiding

Not sleeping? (Insomnia)

Banging his head on the floor.

Rubrics

Mind, Delusions - pursued, he was - enemies, by

Mind - Answering - Aversion to answer

Mind - Hiding himself - fear, on account of - assaulted of being

SLEEP - Sleeplessness - fear from

cont...



Gasika taking a patient's case

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cont...

Mind - Striking - himself - knocking his head against wall and other places.

The remedies that cover all of the above are BELL and ARS.

After further evaluation, he was given Bell 1M - single dose.

Effects

The next day his sister contacted me to say he had slept the night, had asked for food and was singing.

Next day when he spoke to his sister, his hands had opened.

The day after, he spoke to other family members and asked to go to work on the farm.

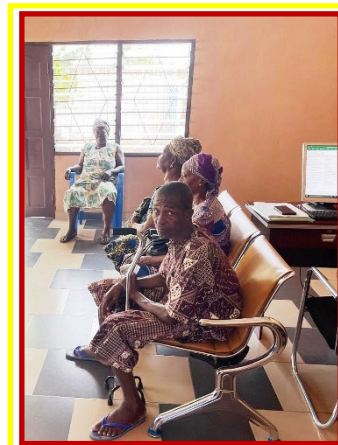
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At a subsequent interview at the farm where he was working, he related that when he was younger, he was physically abused by his uncle, especially being hit on the head many times.

Also, he had had a motorbike accident where he had fallen and banged his head.

Then his symptoms had started.

It was not possible to find out why his hands had become clenched. One thought is that he had become angry from the abuse by his uncle and the clenched hand (a fist) was a sign of retaliation. But of course, respect for the elders had prevented him from retaliating, so he had possibly suppressed his anger.



Patients waiting to be seen

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HOMEOPATHY IN AFRICA



FEATURE FOCUS

HANS WILLEM STEENSMA

I have practiced the art of Homeopathy since 1989 and worked as a professional coach using family dynamics and constellations since 2011.

A very constructive and wise combination to guide clients in a wide range of health problems but also in relationship issues and for mediation in workplace-disputes.

Formerly I studied Homeopathy, Acupuncture, Phytotherapy and Naturopathy.

For 10 years I was director of an academy for higher professional education in homeopathy, acupuncture and naturopathy in Holland

I was invited to join the education project, Homeopathy Without Borders, Netherlands in Ghana from 1993 till 2007.

I met GHP founder Linda Shannon, at a conference organised by Homeopaths World Wide in 2008 and kept in contact since then.

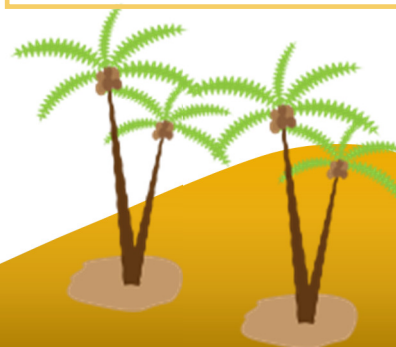
I'm glad to support the Ghana Homeopathy Project and this team with all my experience and skills.



Hans Willem
Steensma
HiA/GHP Adviser

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HOMEOPATHY IN AFRICA



**TRUSTEES, COORD &
CHARLES
WANSBOROUGH
(far right)**

*“Only freedom from
prejudice and tire-
less zeal, avail for
the most holy of the
endeavours of man-
kind; the practice
of the true art of
healing.”*

Samuel Hahnemann



GRATITUDE & FUNDRAISING CHALLENGES

We are always looking for continued support as we plan our programme for 2024-25. We have been fortunate to receive ongoing support from yourselves and *Charles Wansborough*, a long-term supporter of the project. We have also appreciated the support of *Helios and The Tanner Trust* over the years.

Additionally, we have been working with *The Welsh School of Homeopathy* as well as *The Society of Homeopaths* and this gives us an excellent foundation to work with as we consider future educational goals in Ghana and other African countries under the auspices of our charity, *Homeopathy in Africa*.

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