

Greetings from



# GHANA HOMEOPATHY PROJECT

~SPRING 2024 EDITION~



**PHILOMENA, GRACE  
(P.D.O.) & ALICE WITH  
BABY AND CERTIFICATES**

*"While the rest of  
the world has been  
improving  
technology, Ghana  
has been improv-  
ing the quality of  
man's humanity to  
man"*

*Maya Angelou*

## SO, WHAT HAPPENS IN GHANA WITH HOMEOPATHY?

There is little consistent healthcare in Ghana, particularly in rural areas because of the distances to get to a hospital. One of our rural homeopaths who works in a primary healthcare setting where homeopathy is the main activity, told us about dealing with life and death situations and having to choose between two patients, both in critical situations, in the middle of the night. Traditional healers are relied on and integrated into the health system under the Ministry of Health, so homeopathy comes under the traditional healer umbrella. This means that practice is regulated far more stringently than it is in the UK. One of the first tasks has involved ensuring that our recently trained homeopaths have the correct licences and remain within the law. There is even a Roaming Licence for practitioners who run outreach clinics.

Education to practitioner level became a project focus in the last five years as two four-year diploma courses resulted in **TWENTY FOUR GHANAIANS QUALIFYING AS PRACTITIONERS**. This has involved familiarity with regulations for practitioners, planning CPD workshops, identifying and filling gaps in training, as well as supporting and organising supervision for the new homeopaths to make a success of their practice. Clinical work in training was difficult particularly over the time of the pandemic. We are looking forward to having **VOLUNTEERS** coming out to Ghana supporting the project again and we will be working with them about their needs and expectations to ensure that their stay goes to plan.

So, who are the newly qualified homeopaths? They are a mix of ages. There are some nurses and teachers, others work on the land, farming. Most have not run a business before, though entrepreneurial skills are coming through. Adelaide, a former nurse has talked about homeopathy and natural health on Ghana radio recently. All of them are very passionate about homeopathy. Some have made big sacrifices to train and are getting really good results with cases.

Practitioners are finding their areas of special interest, e.g., one practitioner sees a lot of stroke survivors; he estimates they make up half his practice.





# GHANA HOMEOPATHY PROJECT



## INSPIRING CASES

There are strong feelings among the new practitioners about disabled people being ignored in their society and the potential of homeopathy to help. In the same way, another practitioner is interested in working with people who experience mental illness, again a group which is not well understood or supported in Ghana.

With the vitality of the people, many with few resources, some with advanced pathology; clear remedy pictures and remarkable responses to treatment can often happen.

CASE 1. Prosper, a man of forty-nine with five children, works as a gold miner. For the last 2 years he has fallen into a coma-like state almost every night, often becoming incontinent.

On further questioning, this started when he found out that some of his colleagues had been stealing some of the gold they mined. He remembered becoming angry, collapsing and once even being taken to hospital, but nothing was discovered.

Talking about anger generally, he said he has a quick temper and gets palpitations and his whole body shakes. He was prescribed a dose of Staphisagria 30c and apart from having a mild recurrence on the day of taking the remedy, has been symptom-free ever since.

Cont...



**PATIENT HAVING  
THEIR BLOOD  
PRESSURE CHECKED**

**CALL OUT FOR NEW  
HiA TRUSTEES!**

**WE NEED YOU!**

**IF YOU HAVE FINANCE  
SKILLS**

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BEING ON THE HOMEOPA-  
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## Cont...

**CASE 2.** On a Sunday, a woman of thirty six, visited Emperor with severe vaginal bleeding. About two weeks before the visit, she had suffered an abortion just after the first trimester. There was yellow vomiting and loose stool. Emperor swiftly prescribed Ipecac, which re-pertorised very well. Quickly the bleeding had reduced and the woman went to bed at the clinic and had fallen asleep – which is usually a very good sign.

With the suspicion that parts of the placenta may have remained in the womb and was the cause of the bleed, it was decided to keep her overnight at the clinic in case of further developments.

At around midnight the husband had called to say she was in severe pain and when Emperor got to the room she was screaming and saying the pain was cramping and she felt something wanting to come out from her vagina like a baby.

Immediately she was given Sepia 200c single dose and the pain quickly reduced. She was left to rest. About an hour later, Emperor was called again and to his surprise saw two big bloody clots in the chamber pot that had come through the vagina. The woman then fell fast asleep with no pain.

In the morning she was taken to see a midwife. The midwife found no more traces of placenta in the uterus. Ipecac and Sepia had cleared all remaining matter.



## YOUNG WOMAN RECOVERS AFTER TREATMENT WITH IPECAC & SEPIA

## CALL OUT FOR NEW HiA TRUSTEES!

## WE NEED YOU!

## IF YOU HAVE MINUTE-TAKING SKILLS

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# HOMEOPATHY IN AFRICA



## HOW AND WHY I BECAME HiA's TREASURER Soroush Ebrahimi

My dear departed friend Angie Metzger, F.S.Hom (We sat next to each other for two years at London College of Classical Homeopathy) knew that I ran an export business, so asked if I would consider becoming a trustee of HiA and its Treasurer. I quickly said yes, and with the help of my secretary at the time, we got the accounts sorted and so since 2013, the rest is history. Now, at any time the trustees can know exactly how much funds we have available and what our commitments are for the next twelve months.

Why did I accept? Well, who could refuse Angie, but seriously, I quickly realised that I would be able to help a great project (GHP) to train others to become homeopaths, not only by managing the accounts but also in other ways such as collecting, packing and shipping books and remedies to Ghana that had been generously donated by our colleagues in the UK.

Being a charity's treasurer is not just about keeping accounts, but importantly arranging timely national and international transfers and preparing reports that have to be lodged with UK's Charities Commission.

I have also taught webinars on our previous Homeopathy courses and mentored some of the recent GHP graduates. I am also presently part of the Grants Committee for allocating start-up funds to new practitioners in Ghana.



Soroush Ebrahimi  
HiA Treasurer

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LA PEARL HOMEOPATHY CLINIC  
**Newsletter**  
April 2024

## My Love for Homeopathy can't be quantified

Homeopathy has being of great help to me, my family, friends and people I come across. I have been actively practicing Homeopathy for two years now. And my experience so far is encouraging and motivating me to throw my tentacles wider and serve many people. I practice homeopathy from a spare space at home I use as a consultation room which is nice, cozy and safe for people.

I have treated children, men and women of different conditions and have successes. I take moderate fees so anyone can come and try Homeopathy treatment. I have a mantra which is, "come give Homeopathy a try" and truly, they come.

I have a personal case to share

My family and I were robbed at home two months ago. They took every valuables they laid their eyes on but didn't harm any of us. That I'm Thankful to God for. After they left, we were all traumatized, shocked, frightened, we had a sudden acute anxiety and panic. Everyone was panicky, anguished and restless.

I gave *Aconitum Napellus* (Aconite 200c) one pill each and within an hour or 2 we were all calm and relieved the mood we were in. I observed for a while if I should repeat the aconite, but saw the need not to repeat and ascribe to the wait and see method.

Also a day or two after the incident, while conversing with my family I realized my younger sister was moody, I called her to her room and started a conversation with her, she was highly emotional and very sad because her brand new laptop which my Dad bought her was stolen. Her old laptop got spoiled and she needed a new one to do her project work because she is almost done with her tertiary education so we got her a new one which got stolen a week after purchase.

## Waiting Area

She cried and sighed a lot while talking, she felt this lump in her throat and heaviness in her chest.

She was worried and grieved. I encouraged and motivated her and prescribed Ignatia 200c one dose for two days and she was fine. She has gone back to school. I check up on her everyday and she is doing very well. She has let go and forging ahead.

Pearl Owusu, Kasoa, Ghana



**PEARL OWUSU  
NEW HOMEOPATHIC  
PRACTITIONER**

## CALL OUT FOR NEW HiA TRUSTEES!

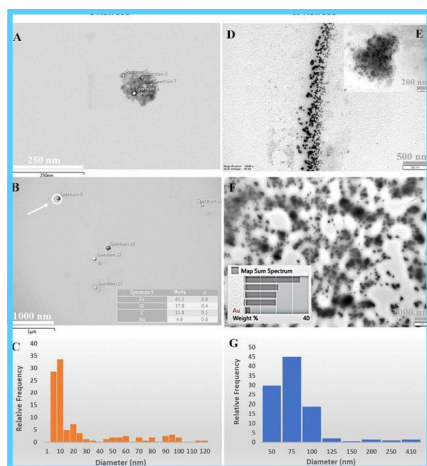
## WE NEED YOU!

## IF YOU HAVE DIGITAL MARKETING SKILLS

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## TEST RESULTS FOR MORPHOLOGY IN AURUM MET.

*“Only freedom from prejudice and tireless zeal, avail for the most holy of the endeavours of mankind; the practice of the true art of healing.”*

# Samuel Hahnemann



## EXCITING NEWS!

**Dear Homeopaths and Friends of Homeopathy,**

For the past eight years, the dedicated Research Team of International Academy of Classical Homeopathy, under the guidance of Professor George Vithoulkas and the thorough work of the Head of the Team, Dr Camelia Grosan, has been diligently working to provide conclusive evidence refuting the long-standing scepticism surrounding homeopathic remedies.

Through a meticulous combination of advanced analytical techniques including Transmission Electron Microscopy (TEM), Raman Spectroscopy, and Deep Learning (DL) algorithms, **THIS STUDY SUCCESSFULLY CONFIRMS THAT HOMEOPATHIC REMEDIES ARE ACTIVE.** The investigation focused on evaluating the morphological characteristics of highly diluted solutions of gold (Aurum Met) prepared in both ethanol and water bases across three different levels of potentization (6C, 30C, and 200C). The findings presented in this research definitively settle the debate on the high potencies in homeopathy. The analytical method employed in this study, we believe, will open new vistas in medicine. You will find the paper here:

<https://www.sciencedirect.com/science/article/pii/S0167732224005932?via%3Dihub>

## GRATITUDE & FUNDRAISING CHALLENGES

We are always looking for continued support as we plan our programme for 2024-25. We have been fortunate to receive ongoing support from [Charles Wansborough](#), a long-term supporter of the project. We have also appreciated the support of [Helios](#) and [The Tanner Trust](#) over the years. Additionally, we are working with [The Welsh School of Homeopathy](#) as well as [The Society of Homeopaths](#) and this gives us an excellent foundation to work with as we consider future educational goals in Ghana and other African countries under the auspices of our charity, [Homeopathy in Africa](#). Money as 'One Off' gifts or Regular donations of any amount: please arrange with, deposit in or transfer to:

CO-OPERATIVE BANK PLC  
PO Box 250 Skelmersdale, Lancs. WN8 6WT  
Account "Homeopathy in Africa" R/C112598  
Account no. 65318708 Sort code 08-92-99 or donate via [Givey.com](#)

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